

**FEDORA PSYCHE CONFERENCE ALICANTE 2010**  
**University of Alicante**

**Theme: "Transitions"**

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**Subtheme:** Students in transition

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**Title of presentation:** Self-esteem and anxiety among students of Technological Education:  
The case of ASPETE

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**Short summary:**

**Keywords:** self-esteem, anxiety, Technological Educators

School of Pedagogical & Technological Education (ASPETE) is the only Greek higher institution which provides both pedagogical and technological studies to the students in a 4year studies.

The present study tried to explore both self-esteem and anxiety levels among Greek students of ASPETE. The sample consisted of 170 students (62.9% males & 31.7% females). Self-esteem was measured via Cross-Cultural Self-Esteem Inventory (Battle, 1992) and anxiety both as a state and as a personality trait was measured via the Greek version of State-Trait Anxiety Inventory (Liakos & Gianitsi, 1984). The results revealed statistically significant gender differences concerning general, personal and total self-esteem favoring males. No gender differences were found in relation to anxiety. The specific results are consistent with other empirical findings concerning university student population (Block & Robins, 1993; Kounenou & Koutra, 2008; Vignoli, 2009). Results are discussed in relevance to the need for gender based counselling interventions.

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**Format:** Presentation

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